# Drinks

# Hot Drinks

Oatly Barista Edition oat milk is available with hot drinks

# Coffee

(Decaf available on request) Fairtrade, full roast, made on our route by Brodies in Edinburgh

Tea An ethically sourced breakfast tea, blended on our route by Brodies in Edinburgh

Speciality Tea Earl Grey, mint, green or decaf tea, all blended on our route by Brodies in Edinburgh

# Hot Chocolate Fairtrade, by Cadbury

# Soft Drinks

Harrogate Spring Water Still or sparkling, bottled on our route in Harrogate

# Orange juice, apple juice, Pepsi, Pepsi Max, R Whites Lemonade, Britvic Ginger Ale Britvic Tonic, Britvic Slimline Tonic

# Alcohol

Served with the lunch/evening menu

### Hop on Board Ale A golden ale, made exclusively for LNER by Rudgate Brewery in York

Cold Bath Brewing Co. Lager GF A clean and crisp gluten-free lager, sustainably made on our route in Harrogate

## Masons Gin, Masons Vodka Made on our route near Northallerton

Libations Rum A double aged golden rum made on our route in Leeds

> Dewar's White Label Whisky Made on our route in Aberfeldy, Scotland

White Wine - Viura Blanco, Spain - white Rioja with a soft character and apple freshness

**Red Wine - Tempranillo Tinto, Spain** - juicy red fruit with an abundance of sweetness

Rosé Wine - Tempranillo Rosado, Spain - delicate aromas, mellow fruit and a dash of freshness

All drinks apart from hot chocolate are vegan-friendly

# Supporting local

We are very proud of the suppliers that we've sourced for our First Class menus.

We tracked them down at food fairs and farmers' markets, trade shows and food halls.

They have been carefully handpicked not just for the quality of their produce but for their ethos of being family-run and creating small-batch, hand-crafted items using prime and locally sourced ingredients.

Using local suppliers is important to us. It not only benefits the local economy, but the ingredients travel less, meaning they taste better and those precious nutrients are preserved.

You'll find our special suppliers dotted all along our route.

Local Suppliers NEWCAST

- V Suitable for vegetarians
- VG Suitable for vegans (while these dishes do not contain any animal products they are produced in an environment where animal products are handled so there may be a risk of cross-contamination)
- GF Suitable for people intolerant to gluten

Customers who have a food allergy, intolerance, or coeliac disease - please speak to the hosts about the ingredients in your food and drink before you order, and they will signpost you to the most up-to-date information you require.

Whilst every effort is made to minimise cross-contamination, our products are manufactured, and our dishes are freshly prepared, in small kitchens that handle allergens, and our café bars and kitchens on our trains are busy places where allergens are present. We cannot, therefore, guarantee that any item on our menu is allergen or aluten-free.

#### Caithness

Reids of Caithness shortbread biscuits

Perthshire Dewar's White Label whisky

# Edinburgh

 Brodies tea and coffee Nairn's gluten-free oatcakes

#### Newcastle

Beckleberry's salted caramel pot and brownies

#### Middlesbrough

On a Roll sandwiches and oats

#### Durham

Virgin Wines bottling plant

#### Northallerton

Masons of Yorkshire gin and vodka

#### York

- Rudgate Brewery Hop on Board ale
- The Fruity Kitchen apple and pear chutney

#### Ripon

 Taste Tradition Lincolnshire and Toulouse sausages, bacon and black pudding

#### Harrogate

- Harrogate Spring Water
- Cold Bath Brewing Co. lager
- Northern Blue cheese

#### Shipley

• Hughes Bakery bread rolls

# Leeds

Libations rum

#### Stevenage

Fairfield crisps

#### London

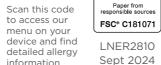
- THIS<sup>™</sup> plant-based sausage
- Oatly Barista Edition oat milk

information

- Pollen + Grace Bombay potato salad
- Moma gluten-free porridge oats



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The Ashbridge family behind award-winning Taste Tradition have been farming on the North York Moors for three generations. From selling their rare breed meat at their farm gate, they now supply some of the country's top chefs. That's why we're proud that their delicious gluten-free Toulouse sausages star in our chef's dish as well as sausage, bacon and black pudding in the Full LNER and the rashers in our bacon rolls. "You'll taste the difference traditional rearing makes" promises Charles Ashbridge.

# **Breakfast/Brunch**

## Full LNER

Lincolnshire sausage, smoked bacon and black pudding all from Taste Tradition9, hash brown, baked beans, mushrooms and free-range fried egg. 576 kcal

(Poached or scrambled available if you prefer, just ask your host when ordering)

# → Full Veggie LNER\* V GF

THIS<sup>™</sup> plant-based sausage, wilted spinach, mushrooms, hash brown, baked beans and free-range fried egg. 412 kcal

(Poached or scrambled available if you prefer, just ask your host when ordering) \*VG if ordered without the egg

Creamy porridge V GF Freshly made creamy porridge using gluten-free Moma jumbo porridge oats? served with banana and maple syrup. 268 kcal

### Bacon roll\*

Taste Tradition  $\$  smoked bacon in a soft white roll  $\$ . served hot with your choice of Heinz ketchup or HP brown sauce. 297 kcal (\*GF panini available, please ask your host)

**Plant-based sausage sandwich**<sup>\*</sup>  $\lor \lor$   $\lor$ G THIS<sup>™</sup> plant-based sausages in a soft white roll<sup>9</sup>, served hot with your choice of Heinz ketchup or HP brown sauce. 316 kcal (\*GF panini available, please ask your host.)

Frittata with posh baked beans V GF Baked egg frittata with sautéed baby spinach, tomato and cheddar cheese served with cannellini beans in a piquant, herby tomato sauce. It's the Yorkshire-made Henderson's Relish that gives the depth of flavour. 387 kcal

# Hot buttery crumpets\* V

Two toasted Warburtons crumpets served with butter. 312 kcal (\*VG if ordered with Flora instead of butter)

#### Fresh fruit A choice of apple or banana.

Your host can advise which menu is being offered on this train.

If your journey time with us is less than 60 minutes, please check with your host on the food options available.

→ LNER Chef's speciality dish. 9 Made on our route. See our map to find out more about our local suppliers.

# Lunch/Evening

## → Toulouse sausage and mash GF

Toulouse sausages, from Yorkshire-based Taste Tradition9, served with champ mashed potatoes, fine green beans and a red wine jus. Ultimate comfort food! 506 kcal

## Pearl barley mushroom risotto V

Wonderfully nutty pearl barley cooked with mushrooms in an unctuous stock topped with a caramelised, roasted banana shallot. 471 kcal

# Lamb rogan josh\*

An Indian lamb curry with a heady combination of intense spices in a rich tomato-based curry sauce. Served with basmati rice flecked with parsley and a mini naan bread. 352 kcal (\*GF if ordered without mini naan bread)

# Roast chicken brioche roll

Succulent roasted and pulled chicken with a gravy stuffing mix in a sweet brioche roll. 429 kcal

**Coronation chickpea wrap** V VG A contemporary twist on a modern classic. Chickpeas with a delicately spiced vegan mayonnaise in a spinach tortilla wrap<sup>9</sup>, 498 kcal

Bombay potato salad V VG GF Indian-inspired salad with Bombay potatoes, wild rice, fresh mango salsa, pickled slaw and herby mint and cucumber raita. By Pollen + Grace<sup>9</sup>. 259 kcal

> Hot buttery crumpets\* V Two toasted Warburtons crumpets served with butter. 312 kcal (\*VG if ordered with Flora instead of butter)

> > Fresh fruit A choice of apple or banana.

> > > To finish

Salted caramel pot VGF A creamy, indulgent dessert with lightly salted golden caramel<sup>9</sup>. 250 kcal

Or

→ Cheese plate V GF Red Fox & Northern Blue<sup>9</sup> served with Nairn's GF oatcakes<sup>9</sup>, apple & pear chutney<sup>9</sup> and celery. 364 kcal

Please choose one item. A selection of snacks will also be offered by your host Adults need an average of 2000 kcals per day