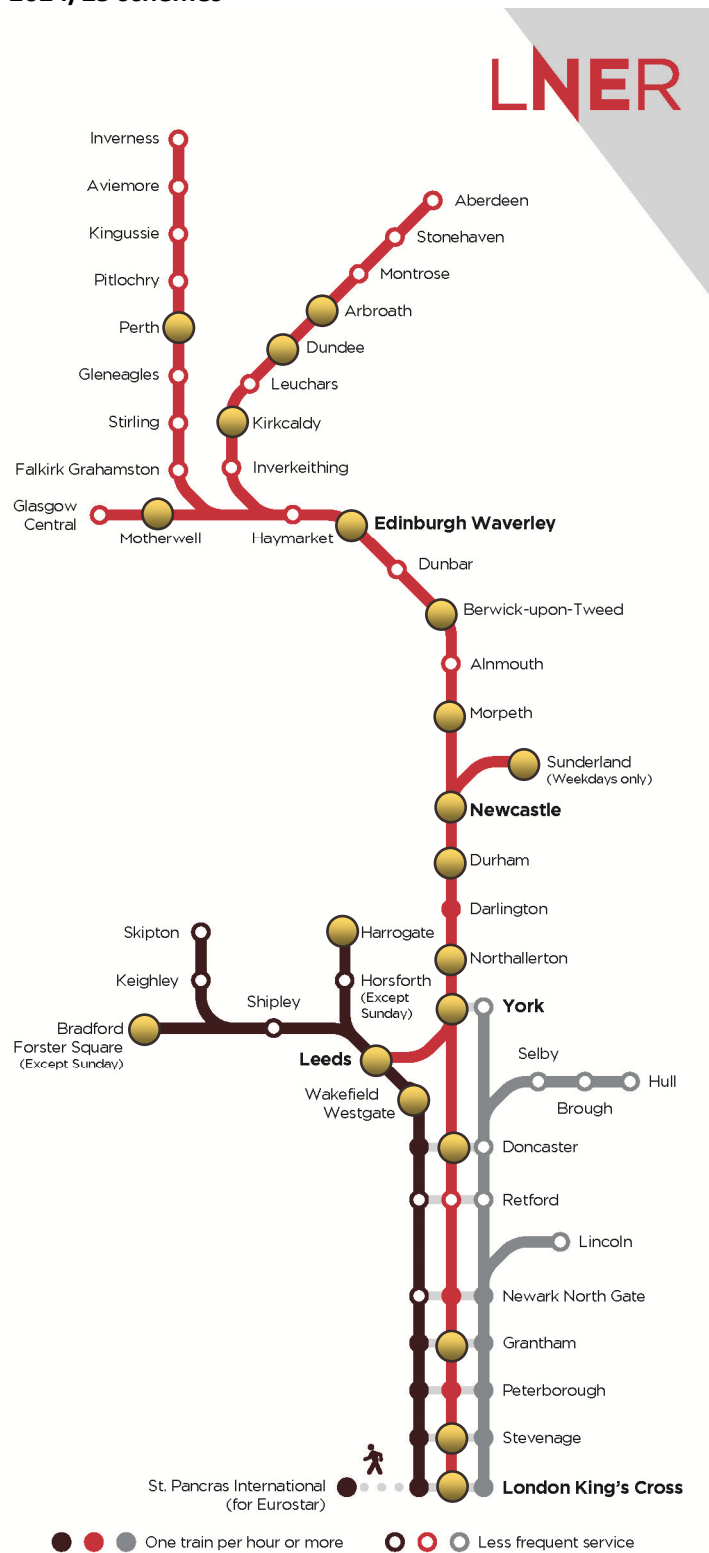


LNER Customer and Community Investment Fund Schemes: 2024 - 2025

Geographic spread of 2024/25 schemes



Customer and Community Investment Fund Schemes: 2024 – 2025

These are projects that will be delivered in the 2024/25 funding round.

Mental Health

| Charity | CCIF Scheme | Details of specific issues | Regions |
|------------------------------------|--|---|-----------|
| LifeCare Edinburgh | Caring connections | Our activities support the physical and mental wellbeing of vulnerable older people and their dedicated unpaid carers, which has been exacerbated post covid and further through the cost of living crisis. 'Caring connections' will deliver activities and days out within our day clubs for people living with dementia and the isolated elderly, along with respite breaks and relaxing activities for unpaid carers. Which will deliver a multitude of positive mental health impacts, and unpaid carers (often older themselves) will benefit from having their own time and a support network. | Edinburgh |
| Walking for Health - York | `York Health Walks` and `Progression Walks` | We operate a programme of regular Ramblers Wellbeing Walks, which are branded as York Health Walks. The free health walks make sure that no one gets left behind. Short and over easy terrain, they are open to everyone on a drop-in basis but are especially aimed at those who are less active, with lower physical ability, long-term conditions or living alone. The project will continue to operate the existing programme of walks. And look to introduce a series of "progression walks", which will be up to 5 miles and can take about 2.5 hours | York |
| Step 2 Young People's Health | Enhancing emotional wellbeing in Bradford Secondary Schools | Will partner with local schools to boost emotional resilience in children and young people (CYP). The objective is to equip secondary students with essential emotional management skills for better future readiness. The project includes a tailored programme, emphasising healthy emotional communication, introducing positive coping mechanisms, fostering resilience and promoting community collaboration among teachers, parents, school staff and the community. This project aims to create a nurturing and supportive environment, where the emotional well-being of young people is a top priority. | Bradford |

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| Tayside Council on Alcohol - TCA | Positive Connections | The project will target women aged 16 to 21 across Angus who are experiencing disadvantage; impacted by parental substance misuse, engaging in substance use, disengaged or have left school and impacted by poor mental health. The group will run weekly, twice a year for 6 months, with a residential team building trip held at the end of each 6-month programme. Sessions will consist of issue based content guided by the women`s needs. The group will place strong emphasis on developing self-confidence, wellbeing, with a focus on education, training and employment. | Arbroath |
| Rise North East | Healthy Minds for Healthy Lives | Rural Berwick has seen increased rates of poor mental health, suicide and self-harm hospital admissions amongst young people. Our project aims to address mental wellbeing before individuals reach crisis point, through a programme focused on interventions and activities to improve mental and physical health, raise aspirations, and build life skills. Which will address specific issues highlighted in conversations with young people aged 16-30, including employability support, debt and budgeting, mental and physical health, and healthy eating. | Berwick |
| Sunshine Wishes Children`s Charity (SWCC) | Emergency Household Items – Bedding & Kitchen Items | To provide bedding and kitchen items for the children of families in crisis. The project is part of our emergency household items programme, where we previously distributed a range of appliances and furniture for families. We have collated a list of items based on those requested by families we support. These items are often taken for granted but are beyond the reach of some of the most vulnerable families in our community. We aim to increase the numbers of families with children that we support, as sadly, the numbers of those who need our support are constantly increasing. | Motherwell |
| Wag and Company North East Friendship Dogs | Provision of 40 volunteer befrienders visiting older dog lovers in their own homes and in care and medical establishments. | To fund the costs associated with recruiting, deploying and supporting 40 volunteers and their special dogs (Visiting Wag Teams), befriending older dog lovers in the North East. Volunteers will also visit care and medical establishments across the region. Wag befrienders stop people feeling lonely and make a meaningful difference to their physical and mental health. | Newcastle |

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| The Bridge Community Project | Rebuilding Hope | <p>This project will provide preventative mental health support to adults aged 18-65 across West Lothian, through its groups, courses and 1 to 1 wellbeing support.</p> <p>The groups and courses are aimed at those in our communities who are struggling with mental health as a result of bereavement, financial difficulties, isolation and loneliness. The groups offer a safe and supportive space for people to connect with others, share their experiences, and learn new coping skills.</p> | Edinburgh |
| MIND Active | Social Diversity, Mental Wellbeing & Inclusion | <p>MIND Active supports meaningful quality of life social inclusion and mental and physical wellbeing activities, to improve the quality of life of a growing sedentary and marginalised older generations.</p> <p>We deliver group activities in care/nursing homes for those unable to leave residential support. But we also encourage residents that are able, to join our wider community-based activities along with beneficiaries from their own homes. These include a wide range of mood boosting experiences; lunches, singers, chair exercise, walks, picnic concerts, fish 'n' chips, tea dances, coach outings, cinema, themed events, etc. All interventions promote positive mood and friendships, essential for self-worth and positivity.</p> | Morpeth |

Diversity & Inclusion

| Charity | CCIF Scheme | Details of specific issues | Regions |
|---------------------|---|--|---------|
| FareShare Yorkshire | Expanding Support across West & North Yorkshire | To purchase a refrigerated van to enable Yorkshire's leading food redistribution charity to expand its response across Wakefield, Leeds, Bradford, Keighley, Harrogate and York. This is in response to over 100 further charities requesting support from FareShare Yorkshire in 2023. This van would enable volunteers to deliver surplus food to an additional 40 charities a week. | Leeds |

Environment & Sustainability

| Charity | CCIF Scheme | Details of specific issues | Regions |
|--------------------------|--|---|-----------|
| Yorkshire Wildlife Trust | Creating a Wildlife Corridor at Parson's Carr, Doncaster | This project will transform Parson's Carr, a site in Doncaster, into a well-connected nature reserve that will have significant and lasting benefits for wildlife and people. Firstly we will undertake works onsite that will increase and better-connect nationally important habitats across the region, creating a vital wildlife corridors that support a variety of different species. Secondly, we will install benches, interpretation panels and deliver seasonal wildlife walks and volunteering opportunities onsite to enable our local communities to successfully engage with the incredible nature on their doorstep, and support their mental health and wellbeing. | Doncaster |
| Groundwork Yorkshire | The People's Greenway | A community project aimed at promoting sustainable travel and increasing biodiversity. Which will not just promote the greenway but offer opportunities for the community to have guided walks and cycles by qualified leaders. Offer information and training sessions in bike maintenance and encourage community buy-in with projects to design artwork to be placed alongside the greenway, and build bug/bee hotels to enhance a rewilding area next to the new White Rose Station. | Leeds |
| Scotswood Garden | Plants for Pollinators | Will tackle the decline in pollinator populations by creating and enhancing wildflower corridors in wards of multiple deprivation in Newcastle to improve habitats. Volunteers will participate in workshops to grow 5000 pollinator-friendly perennials (125 different species) which will be planted in wildflower meadows, backyards, school grounds, community organisations and unused areas of land. Plants will be given away at environmental community days, distributed to schools and given to partner community organisations. Wards of multiple deprivation will be more biodiverse with wildflower corridors. | Newcastle |
| Durham Wildlife Trust | The Great North Fen Habitat Restoration | The Great North Fen - a mosaic of wet grassland, fens, ponds and wet woodland across the catchment of the River Skerne in southern County Durham. DWT is seeking to restore lost wetlands that once teemed with wildlife, with funding facilitating further habitat restoration. Which will increase diversity, the abundance of wildlife and enhanced natural capital. The wetland habitats will sequester and store carbon and also increase floodplain storage, which has the potential to reduce downstream flood risk. | Durham |

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| Bridgend Farmhouse | Bridgend Farmhouse: Growing Together Initiative | This project is about improving food growing skills and knowledge within our community, particularly with those who are marginalised and disadvantaged. This will increase the capacity, confidence and abilities within our community to grow and cook local, organic food for the garden volunteers, a community cafe, and for people to use at home. It will improve the environmental sustainability of our community food growing and production, ensuring we make better use of the natural resources available to us as well as the food waste we produce. The initiative will also provide educational opportunities, enhancing and improving our environment, supporting individual physical and mental health, and helping to reduce food poverty and inequalities. | Edinburgh |
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